



Graham the grape



I start off as a bud on a very big vine
We grow and twist together in a twine
I need about three years before I am ticked
In a nice hot country and ready to be picked.

Grapes grow in bunches
Hundreds at a time
They must be picked before their prime
Loads of colours, can be seen
Red, purple, black and even green

Graham Grape is packed full of sugars and very sweet
And really shouldn't be eaten as a treat
After a Meal and cut up in size
I can be your after-dinner prize

I am Graham the grape and nice and green
Please don't forget to wash me clean

National Smile Month
Short story from Norfolk
Oral Health Improvement Team
Email: ohp.norfolk@cds-cic.co.uk

Community
Dental
Services