

STAR Chart

SETTING

Where? When?
Who?

Look for patterns at times of day, in some places, when certain things happen, at transitions, when it is noisy, when certain people are around, etc.

TRIGGER

What happened just before?

Look for a pattern of things that happen just before the behaviour, such as a noise, a request, being asked to do something or ending an activity.

ACTION

What did they do?

How do they react when the bucket is getting full?
What are the warning signs for us to be aware of?

RESULT

Who responded and how?

What responses are most helpful?
Who is best person to respond?
Do they want you to respond or do they want to be alone?