

## Resources for Parents and Carers re Sensory Motor Activities

List updated October 2023.

- **The Out-Of-Sync Child Has Fun:**

Activities for Kids with Sensory Processing Disorder

by Carol Stock Kranowitz

2006 published by Tarcherperigee

ISBN-13 : 978-0399528439

- **Growing an In-Sync Child:**

Simple fun activities to help every child develop, learn and grow.

By Carol Kranowitz and Joye Newman

2010 Published by Perigee Books

ISBN 978-0-53583-3

- **Sensory and Motor Strategies**

Practical ways to help children and young people with autism learn and achieve.

By Corinna Laurie

Published by Jessica Kingsley

ISBN: 9781839972720

- **The Kids' Guide to Staying Awesome and In Control:**

Simple stuff to Help Children Regulate their Emotions and Senses

By Lauren Brukner

2014 Published by Jessica Kingsley London

- **Take Five!**

Staying Alert at Home and School

By Sue Williams and Sherry Shellenberger

2011 Therapy Works, Inc.

ISBN 978-0-9643041-1-6

- **Sensory Yoga for Kids**

Therapeutic Movement for Children or All Abilities

By Britt Collins

2015 published by Sensory World an imprint of Future Horizons

ISBN: 9781935567486

- **101 Games and Activities for children with Autism, Aspergers and Sensory Processing Disorders**

Enhance Your Child's Development Through Play

By Tara Delaney

2009 McCraw Hill

ISBN:978-0-07-162336-0

- **Tools for Parents \***

A Handbook to Bring Sensory Integration into the Home

By Diana Henry and Tammy Wheeler

2001 Henry OT Services USA ( <http://www.ateachabout.com/pdf/HenryOTorder.pdf>)

- **Tools for Teens \***

A Handbook to Bring Sensory Integration into the Home

By Diana Henry, Tammy Wheeler Deanna Iris Sava

2004 Henry OT Services USA ( <http://www.ateachabout.com/pdf/HenryOTorder.pdf>)

See also additional resources Tools for Tots and Tools for Infants from the same service. These resources\* would need to be ordered via the website given.