



BullyingUK

Part of **family lives**

Comic strip anti-bullying project

Developed in partnership with The Ben Cohen StandUp Foundation. © Family Lives | Reg company number: 3817762 | Reg charity number: 1077722 | Reg'd in England and Wales. | Reg'd Address 15-17 The Broadway, Hatfield, Hertfordshire, AL9 5HZ

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Using a comic strip as a way of addressing issues around bullying, can help children and young people talk about how they feel and how they view bullying in a more open way. Not all young people feel able to discuss how they feel but may find it more helpful to draw and write about issues that affect them. The aim of this resource is to be able to use the comic strip in classrooms, homes, clubs, etc. to discuss and look into the different forms of bullying in more detail.

How to use this comic strip

You will see on page 3, there is a printable pdf blank comic strip with up to 8 boxes. You can print this off and ask the child or young person to think about the scenario they want to draw about and plan each of the boxes in accordance. So for example, box 1 may introduce their character or storyline, box 2 may show an incident, box 3 could show the effects of the incident and so on. Their imagination or experiences will help to formulate their comic strip. They can plan their storyboard beforehand by using our planner on page 4. On page 5, we have speech bubbles, thought clouds and some remarks that the children and young people may find helpful in their comic strip. If you would like to make the comic strip bigger, please photocopy it and enlarge to A3.

Suggested scenarios

Cyberbullying - being bullied on an app or a social network, fake profiles, altering personal images and sending it viral without permission or cyberstalking.

Social bullying - leaving someone out on purpose and isolating them, getting gang of people to turn against someone, always making someone the centre of the joke and spreading fake rumours and gossip about someone.

Name calling - calling someone names repeatedly and using insults to cause harm. Bullying vs banter and where the line is drawn. Using terms and insults that are racist, homophobic or gender based bullying.

Physical bullying - hurting someone physically, stealing their items/money, making threats or being violent towards them.

Sexual bullying - pressuring someone to engage in sexting, sexual name calling, unwanted touching and sexual assault and issues around consent.

Story board planner

Theme:

Characters:

1.

2.

3.

4.

5.

6.

7.

8.

