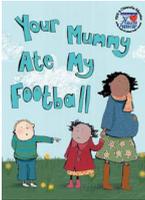
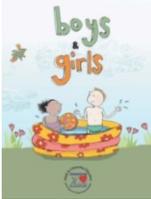
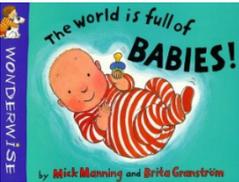
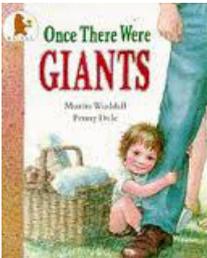
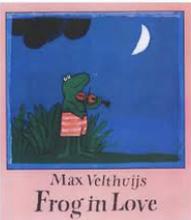
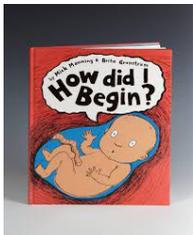
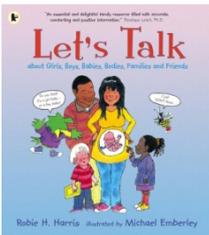
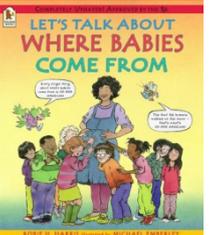


Talking to your child about boys and girls, growing up and changing

Book	Titles and authors	Description	Useful because:
	<p>There's going to be a baby</p> <p>John Burningham and Helen Oxenbury</p>	<p>Fiction / picture book</p> <p>3+</p>	<p>A story to share with a 3-5 year old who is expecting a new sibling.</p> <p>Useful to think about a child's mixed feelings about how things will change and give reassurance.</p>
	<p>The great big book of families</p> <p>Mary Hoffman</p>	<p>Non-fiction / picture book</p> <p>5+</p>	<p>An early introduction to different types of family.</p> <p>Useful to start conversations about who is in your family and what makes your family special.</p>
	<p>Your mummy ate my football</p> <p>Birmingham Health Education Unit</p>	<p>Fiction / picture book</p> <p>3-5+</p>	<p>A very useful book for parents who want to explain how babies are made to young children.</p>
	<p>Boys and girls</p> <p>Birmingham Health Education Unit</p>	<p>Non-fiction / picture book</p> <p>5+</p>	<p>A simple introduction to the difference between boys and girls, introducing correct vocabulary for the sex parts. It is also useful to talk about stereotypes.</p>
	<p>The world is full of babies</p> <p>Nick Manning and Brita Granstrom</p>	<p>Non-fiction / picture book</p> <p>5+</p>	<p>An information book about animals and humans and how different babies develop and are cared for.</p>
	<p>Once there were giants</p> <p>Martin Waddell</p>	<p>Fiction / picture book</p> <p>5+</p>	<p>A book about how people grow and how their lives change since they were young.</p>
	<p>Frog in Love</p> <p>Max Velthuijs</p>	<p>Fiction / picture book</p> <p>5-8+</p>	<p>A simple introduction to the idea of romantic love.</p> <p>Useful to talk about romantic love and how it can make people feel.</p>

Talking to your child about boys and girls, growing up and changing

Book	Titles and authors	Description	Useful because:
	What's happening to me (girls) Susan Meredith	Non-fiction 8+	Factual information about puberty. Useful to find the appropriate language to respond to children's questions.
	What's happening to me (boys) Alex Frith	Non-fiction 8+	Factual information about puberty. Useful to find the appropriate language to respond to children's questions.
	The Paper Bag Princess Robert Munsch	Fiction / picture book 8+	A story that challenges male and female stereotypes and values thoughtfulness over appearance.
	How did I begin? Nick Manning and Brita Granstrom	Non-fiction / picture book 8+	Explains how babies are made, how they grow and how they are born.
	Let's talk about girls, boys, babies, bodies, families, and friends Robie H. Harris	Non-fiction 8+	A reference book. Parents may want to talk about separate sections of the book at different times.
	Let's talk about where babies come from Robie H. Harris	Non-fiction 11+	Similar to the book above but with more detail and appropriate for older children.





Health and Wellbeing Team
School Improvement Service
Islington Council