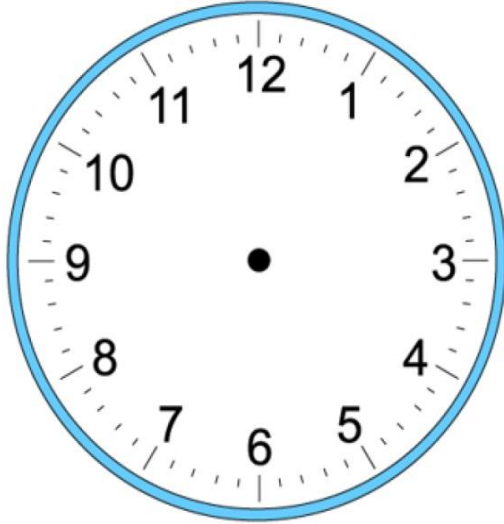


### Activity 3: 24 hour clock

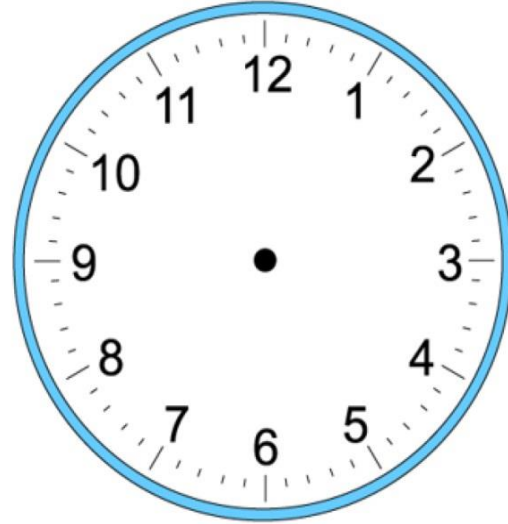


My life now – over 24 hours

AM

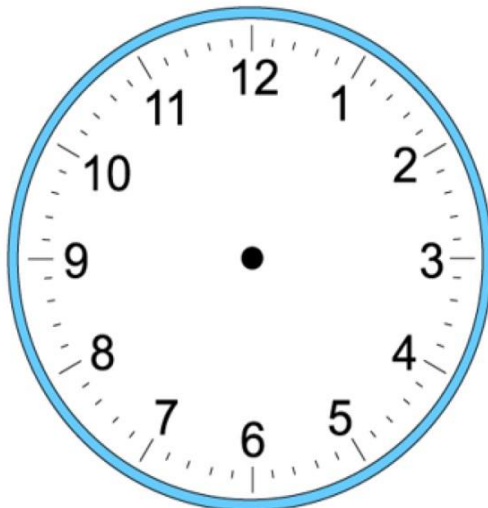


PM

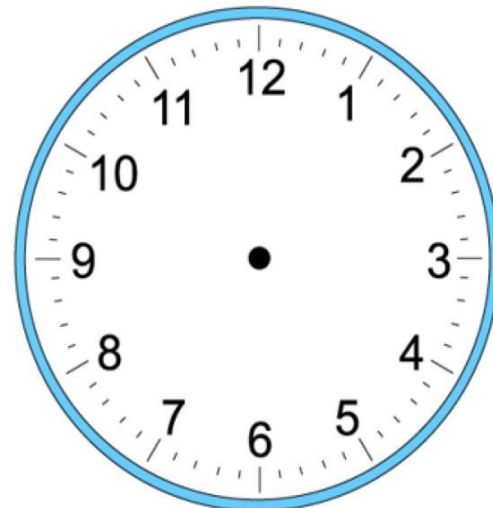


My life with my new baby- over 24 hours

AM



PM



## Activity 4 – Real Life parent clock at 6 weeks

