

Speech and Language Therapy

Top Tips For Babble Play

Use quiet 1:1 times each day to make sounds with your child e.g. nappy changing, bath times, to sit close together facing each other.



Make all sounds gently and close to your baby's face so s/he can **hear** the sound, **see** your lip shapes and **feel** your breath on their face



Copy the sounds your baby makes back to them. If they make throaty/growly sounds remember to make a soft gentle sound back to them.



After you have made a sound, leave a short pause after your "turn" to give your baby a chance to have a "turn"



Make floppy tongue sounds (tongue between teeth); 'drippy tap' 't' sound, drum 'd' sound, snake 'th' sound or plane 'n' sound



Make 'lips together' sounds; 'p', 'b' & 'm' remembering to bring your lips together softly



Make 'long blowy' sounds e.g. pretending to be the wind on your child's face, blowing bubbles, making the 'f' sound gently

