Learning disability health check ✓

Who is it for?

If you have a learning disability and are 14 and over you can have a health check every year.

How do I get one?

Ask at your healthcare centre. They will make sure you are on their learning disability register. They will make a time for you to come.
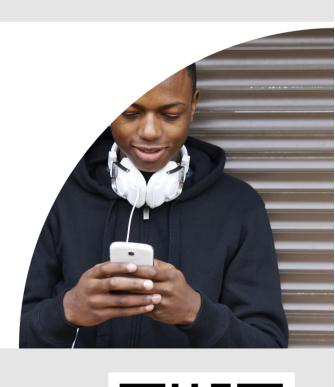
Who can come with me?

You can choose someone or go by yourself.

What will happen before?

You will be asked to fill out a questionnaire so the healthcare centre can get to know you better.

What will happen?

The doctor or nurse will make sure that you feel comfortable and safe. They will ask you some questions about your health and wellbeing. You can ask questions too.

How do I find out more?

Visit the 14 + learning disability health check page on Just One Norfolk
Scan the QR code or use this link:
JustOneNorfolk.nhs.uk/14plushealthcheck

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